



Sabine

Henrichfreise

Sabine Henrichfreise is an experienced, highly sought-after facilitator and Executive coach with a unique style, an inspiring influence over a group and gifted with an outstanding ability to illuminate, inspire and energize.

Her sense of grace is always endearing and yet there is a power of purpose that is always present. Sabine is not only natural at bringing the power of consciousness, individual ideas, knowledge and experience into a collective solution but she also leaves participants with actionable ideas, strategies and innovative practices which make a difference in both work and life.

Sabine is a recognized expert in large group facilitation collective relationship innovation and human leadership. She created "**Joy and Business**", her own coaching and consulting company, to help teams of leaders generate vital transformation through significant breakthroughs and collective performance in times of uncertainty and ambiguity.

She intervenes in three languages for her client base, which extends throughout Europe and includes CAC 40 and Fortune 500 companies. Being a recognized pioneering expert in the field of collective coaching, she actively develops the innovative concept of "Brief Organizational Coaching" designed to reinvent relationships and to accelerate innovation across systems.

Sabine is a featured speaker, dynamic facilitator for *large group interventions* and appreciated seminar trainer for various European Business and Coaching Schools. She worked with groups of 100 participants and more on themes such as "confidence in action", "innovating our mindset", "developing new beliefs and behaviors".

Being a Master Certified Coach ICF, she co-designed International ICF Conferences and she actively contributes to the profession of coaching through articles and practice. She participates in different learning networks where she explores the fields of collective intelligence, creative leading and masterful dialogue.

As Founder of the Joyful Life Initiative™ she helps future leaders to explore who they are as people and how they can contribute to a soulful profitable business in the world by restoring the "joy for life".

Sabine has PhD in law, is a former practicing attorney and has prior business experience as a Legal Director and HR Director for Top Executives and Diversity in an international automobile company.

Sabine is co-author of the 1st book on Coaching organizations "*Coachin d'organisation*" (3rd edition, Paris, March 2018) , Author of the articles "Re-genesis of collective intelligence, our genuine capacity to think, learn and create together" Routledge Guide for Coaching, autumn 2009 and "Le coaching d'organisation bref", InterEditions, Paris, 2012.

Joy & Business

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Clients

Framatome, L'ORÉAL, EDF, SNCF, Société Générale, BPCE, Airbus, Natixis, Allianz, Faurecia, KPMG, BNP Parisbas, Valeo, Sodexo, RATP, AXA, ARTE...